



## Harriers Newsletter | Summer 2003

Get the latest scoop on what's happening with **your** club!

### **SBHC Major Raffle 2003**

Sandy Bay Harriers will soon be holding a large raffle. Prizes include; Mobile Phones, Power Tools, Wine, Watches, Chocolates and much much more! Members will be required to sell tickets and we encourage you to sell as many as possible. The raffle will be drawn at the clubs AGM, which is on the 16<sup>th</sup> of May.

### **Taste of Tasmania**

Thanks to all members who gave a helping hand at the Taste of Tasmania this year. It was, however a little disappointing to see that not all members were able to help out. Remember to keep a few days free for the next Taste of Tasmania happening at the end of 2003!

### **SBHC Online**

There hasn't been much traffic to the website in the past little while. Because of this the news hasn't been updated as much. However, thanks to Chris and Michael Sullivans skills several seasons worth of Results are now available to be scrutinised. The following results can be read:

- Winter 2000
- Track and Field 2000-2001
- Winter 2001
- Winter 2002
- Track and Field 2002-2003

### **Interclub Results**

Thank you to all members who are participating at each Interclub. In particular, thanks to the following members for scoring 100 or more points after 10 rounds. Chris Sullivan, Michael Sullivan, Lewis Powell, Tom Collier, Matthew Rickards, Patrick Lyden and Lisa Kirsch. It would be fantastic to see more girls competing at competition and in particular in relays. Currently we struggle to get a single girls age group entered in. Again, Thanks and well done to all athletes participating.

### **State Multi Championships and Relay Championships**

Congratulations to all members that competed in the Relays and multi events. Sandy Bay managed several major wins within both the relays and multi events. It was great to see the club well represented at the event. Well done!

### **James Scarr at the World Junior Cross Country Trials | Bundoora Park, Victoria**

Max and myself left Hobart airport at 1.00pm on Wednesday 22<sup>nd</sup> January for Melbourne to compete in the World Junior Cross Country Trials. The trip was made interesting by Max starting up a conversation with nearly every stranger we sat next to in the airport and on the plane. [Continued Next Page]

After getting off the plane and getting our bags we caught a bus to Spencer Street station and walked about 6 blocks up to the hotel, getting there at about 3:30. We lazed around in the Hotel for the next few hours watching TV and eventually going to the local park for a jog. My race was due to start at 7:10 the following day. On Thursday I enjoyed a full buffet breakfast and then went back up the room to kill time by watching the Australian open till lunchtime. After lunch it was time to leave for the race.

We caught the tram out to Bundoora (About 40 minutes) park, which got us there at around 6:30pm. Walking up to the course we saw some of the other athletes including Lee Troop and Steve Moneghetti Brad Dyson was also there trying to earn a place in the senior men's short course team. We got together and jogged around the 2km race circuit. The race started and got off slowly with both seniors and juniors running together, which was a bit strange as I couldn't really tell where I was against the other juniors.

I ended up coming 6<sup>th</sup> in the Junior race in a time of 27:00:00. I was satisfied with the time as conditions were hot and windy and the course was reasonably tough. By coming sixth I had given myself a chance of selection but wasn't expecting anything to eventuate due to the fact that in the past few years only a small number of 2-3 runners were selected. We departed Melbourne the morning after the race arriving home at lunch time.

### **SBHC Bumper Stickers**

Members can now get their hands on a new improved Sandy Bay Bumper stick. The Sticker features "Sandy Bay Athletic Club" instead of "Sandy Bay Harriers Club" and also features the URL to our website. These stickers look great on the back window of a car!