

ATHLETICS SOUTH

**WINTER
COMPETITION
2007**

SPORTSCO

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Road Championships:

Round 1	28 April	Ridgeway 2.5km & 5km
Round 2	12 May	Government House 3.2km
Round 3	14 July	Kempton 4km & 8km

Cross Country Championships:

Round 1	26 May	Domain X Roads 4km & 8km
Round 2	30 June	Axiom Way 4km & 8km
Round 3	28 July	Risdon Brook 4km & 8km
Round 4	18 August	Huntingfield 5km & 10km
Round 5	8 September	Opossum Bay 5km & 10km

Handicap Award

Round 1	5 May	Geilston Bay 3km & 6km
Round 2	21 July	Pipeline 4km & 8km
Round 3	11 August	Waterworks 2.5km & 5km
Round 4	1 September	Tynwald Park 5km & 10km

Relay Championship:

Round 1	9 June	Gellibrand Drive - XC
Round 2	22 September	Tolosa Park - Road

Premiership Rounds:

There will be 15 rounds to decide the Winter Premiership. Points and votes for the athlete of the season awards are allocated in these rounds as follows:

Round 1	Graeme Cruise Memorial
Round 2	Hobart Airport
Round 3	Ridgeway
Round 4	Government House
Round 5	Domain X Roads XC
Round 6	Risdon Brook
Round 7	Gellibrand Drive XC Relay
Round 8	Grove XC
Round 9	Axiom Way XC
Round 10	Woodbridge XC
Round 11	Kempton

- Round 12 Risdon Brook XC
- Round 13 Huntingfield XC
- Round 14 Opossum Bay XC
- Round 15 Tolosa Park Relay

Athletes must be registered to score points towards the Club Premiership, with registration to be completed before the individual athletes 3rd event. Points will not count retrospectively if not registered after two events. In Club Relay events, all athletes must be registered. Retrospective points will not be given for events in the last two rounds of the season.

Entry Procedures:

All Athletics South events start at 10:00am. Entries should be received no later than 10 minutes prior to the start of the race. Although it is not compulsory to join a club, athletes are strongly encouraged to do so. Athletes will be permitted to compete twice unregistered after which they must pay the unregistered fee. To enter an event, choose the distance of the race you wish to run/walk in and complete the appropriate entry sheet at the entry table. Also complete a tag that indicates your name, club, division and event entered. Carry this tag with you during the race and hand it in to officials as soon as you finish. Please endeavour to stay in your finishing order until your tag has been collected to aid in the recording of times.

Entry Fees:

Registered Adults	\$3.50	*Unregistered Adults	\$5.50
Registered U/16	\$2.50	*Unregistered U/16	\$4.50
Family (2 adults & 2 students)	\$7.00		

Athletics Tasmania Registration Fees:

Athletes Out of Stadium <u>only</u> – all ages	\$22.00
Athletes 14 & over All competitions	\$88.00
Athletes 10 to 13 Years All Competitions	\$55.00

All fees include GST.

* Unregistered athletes are not covered by Athletics Tasmania's Personal Accident and Injury insurance policy.

Duty Clubs:

Bellerive Beach	Eastern Suburbs
Hobart Airport	Northern Suburbs
Ridgeway	TMA
Geilston Bay	Sandy Bay
Lower Domain	Eastern Suburbs
Domain X Roads	Northern Suburbs
Risdon Brook	TMA
Gellibrand Drive	Sandy Bay
Grove	Eastern Suburbs
Acton	Northern Suburbs
Woodbridge	TMA
Kempton	Sandy Bay
Fern Tree	Eastern Suburbs
Risdon Brook XC	Northern Suburbs
Waterworks	Sandy Bay
Huntingfield	TMA
New Norfolk	Eastern Suburbs
Opossum Bay	Northern Suburbs
Wentworth Park	Sandy Bay
Tolosa Park	TMA

All clubs must provide enough officials to set up the course and act as marshals if required. The duty club is to liaise with Peter Keenan regarding officiating requirements. No points will be awarded to the duty club if they fail to meet their duty requirements on their rostered day.

POINT SCORING SYSTEM:

Points will be awarded to the first six runners in each of the five divisions (U/16, U/20, Open, O/35 and O/50), in both Men and Women, according to the following schedule:

Division:	1st	2nd	3rd	4th	5th	6th
Open	10	8	6	5	4	3
Over35	10	8	6	5	4	3
Over50	10	8	6	5	4	3
Under20	10	8	6	5	4	3
Under16	10	8	6	5	4	3

- Every finisher after 6th place will receive 1 point.
- **Age as at 1 April 2007 will determine Division for entire season.**

Winter Premiership Points:

Club points are allocated for each round on the following basis:

1st - 6 points	2nd - 4 points	3rd - 3 points
4th - 2 points	5th - 1 point	

Individual Awards:

Athletics South will make awards to the male and female athlete accumulating the greatest number of points throughout the season during the premiership rounds. Scoring will be on the following basis:

1st - 6 points	2nd - 4 points	3rd - 3 points
4th - 2 points	5th - 1 point	

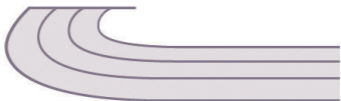
In addition, there will be an award based on votes cast on the day on a 3,2,1 basis by two people. These are based primarily on personal performance and should give every athlete an opportunity to win.

Road, Cross Country and Handicap Champions:

Awards will be made to athletes in each division who score the greatest number of points in the designated Road and Cross Country Championship races. All athletes may enter either the longer or shorter race of the day. A tie breaker system will be used to split athletes finishing on equal points in determining their respective Championship placing. The athlete with the most points earned in the longer events would prevail. Point scoring is on the following basis:

1st - 10 points	2nd - 9 points	3rd - 8 points
4th - 7 points	5th - 6 points	6th - 5 points
7th - 4 points	8th - 3 points	9th - 2 points
10th - 1 points		

The same scoring system will be used to determine the handicap champion.



ATHLETICS SOUTH

**WINTER
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2007**

Proudly sponsored by

SPORTSCO

**EASTLANDS
NORTHGATE
KINGSTON**

Athletics South Winter Committee:

Director	Peter Kennan Ph: 0417 147 638
Program	Peter Keenan, Peter Lyden, Tony Sansom, Roger Howlett, Chris Sullivan & Jim Court
Chief Course Marshall	Peter Keenan
Handicaps	Greg Hawthorne
Results	Jim Court court@tasmail.com
Entries	Mrs Jenny Lennon
Chief Time Keeper	Mr Terry Mahoney
Chief Referee	Mrs Jo Cherry
Jury of Appeal	Mr Terry Mahoney (chair), Peter Keenan, Peter Lyden

Appeals:

Any appeal is to be made in writing to the Appeal Chairman within seven days of any decision by the Chief Referee.

Club Contacts:

Eastern Suburbs Athletics Club (ES)	(03) 62436932
Northern Suburbs Athletics Club (NS)	(03) 62235778
Old Virgilians & Associates (OVA)	(03) 62278641
Sandy Bay Harriers Club (SB)	(03) 62439666
Tasmanian Masters Athletics (TMA)	(03) 62294263

Athletics South (03) 62369766

<http://athleticssouth.trump.net.au>

Athletics Tasmania (03) 62349551

<http://www.tasathletics.org.au>

Athletics South Winter Program 2007

APRIL

Sat 14	AS	* Graeme Cruise Memorial 3km & 6km	Bellerive Beach
Sat 21	AS	* Hobart Airport Road 3km & 6km	Hobart Airport
Sun 22	ES	Round the River Fun Runs 2.5km, 5km & 10km	Eastern Shore
Sat 28	AS	* Ridgeway Road 2.5km & 5km	Ridgeway
Sun 29	AT	State Mountain Running Championships	Hobart

MAY

Sat 5	AS	Geilston Bay High School Handicaps 3km & 6km	Geilston Bay
Sun 6	NS	Glenorchy Classic Fun Runs 2km, 5km & 10km	DEC Glenorchy
Sat 12	AS	* John Keenan Memorial Government House 3.2km	Lower Domain
Sun 13	TMA	Jim Burr Memorial Mountain Run 9am (Solo/Relay)	Hobart GPO
Sun 13	WST	Mothers Day Classic Fun Run	Domain
Sun 20	AS	City to Casino Fun Runs 2.7km, 5.8km & 11km	Hobart
Sat 26	AS	* Domain Cross Country 4km & 8km	Domain X Roads
Sun 27	RK	Rotary Kingston Fun Run	Kingston

JUNE

Sat 2	AS	* Risdon Brook Dam 4.5km & 9km	Risdon Brook
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Sat 9 AS *Gellibrand Drive Cross Country Relay
4 Runners x 3km & 1.5km Legs Sandford

Sat 16 **AT/TMA State Road Championships 10km Titles**
(Combined AT & TMA Age Related Distances) **Campbell Town**

Sat 16 AA Australian Mountain Running
Championships Canberra

Sat 23 AS * Smith's Apple Orchard
2.4km & 7km Grove

Sat 30 AS * Axiom Way Cross Country
4km & 8km Acton

JULY

Tue 3 **AT Secondary All Schools State**
Cross Country **Symmons Plains**

Sat 7 AS * Woodbridge School
Cross Country 3km, 6km & 9km Woodbridge

Wed 11 **AT Primary All Schools State**
Cross Country **Symmons Plains**

Sat 14 AS *Kempton Road 4km & 8km Kempton

Sat 21 AS Pipeline Handicaps 4km & 8km Fern Tree

Sat 28 AS * Risdon Brook Dam
Cross Country 4km & 8km Risdon Brook

AUGUST

Sun 5 **AT/TMA State Cross Country Championships**
(Combined AT & TMA Age Related Distances) **Pontville**

Tue 7 **AT Southern High Schools**
Cross Country **Pontville**

Sat 11	AS	Froggy Wise Memorial Handicaps 2.5km & 5km	Waterworks
Sat 18	AS	* Tas Bevis Memorial Cross Country 5km & 10km	Huntingfield
Sun 26	AS	B&E Budget Fun Run 2.5km & 5km	Hobart

SEPTEMBER

Sat 1	AS	Tynwald Park Handicaps 5km & 10km	New Norfolk
Sat 1	AA	Australian Cross Country Championships including All Schools & Primary Exchange	Perth WA
Sun 2	AA	Australian Schools Cross Country Championship Relays & Australian Walks Titles	Perth WA
Sat 8	AS	*Opossum Bay Cross Country 5km & 10km	Opossum Bay
Sun 9	TMA	Brighton Country Challenge 10km & 5km	Pontville
Sat 15	AS	Wentworth Playground (Salacia Ave) 3km & 6km	Howrah
Sun 16	AT	State 5km Road Titles	Devonport
Sat 22	AS	* Tolosa Park Relay 4 Runners x 3 x 1mile	Glenorchy

* Club Premiership Rounds

AS = Athletics South

AA = Athletics Australia

ES = Eastern Suburbs Athletic Club

WST = Women's Sport Tasmania

AT = Athletics Tasmania

NS = Northern Suburbs Athletic Club

TMA = Tasmanian Masters Athletics

RK = Rotary Club of Kingston

Course Descriptions:

Acton (Axiom Way Cross Country) – Starts in Valetta Place, off Acton Rd, around 1.3K from the Acton Road/Axiom Way turnoff. Course follows dirt and sand tracks around a 4km loop. Quite tough cross country running. Portaloo will be available.

Bellerive Beach (Graeme Cruise Memorial) – Starts at Bellerive Beach directly below Bellerive Oval. Course is predominantly flat and on the beach with a short section around the headland between beaches. Toilets available.

Domain X Roads - Starts at Domain Cross Roads ovals. Loop course on grass, parts of Soldiers Walk and surrounding tracks. Has a climb or two and is rough in patches. Toilets available.

Fern Tree (Pipeline) – Starts at the Pipeline track opposite the Fern Tree Tavern. Course follows the flat dirt track along the pipeline and return. Toilets available.

Geilston Bay – Starts at Geilston Bay High School. Course is all on grass with some small hills. Toilets available.

Glenorchy (Tolosa Park) – Starts at the Tolosa Reserve, Glenorchy. Toilets available.

Grove (Smith's Apple Orchard) – Starts at the packing shed of Smith's apple orchard, just off the Huon Highway in Grove. Course follows an undulating 2.4km loop through the apple orchard. Usually muddy. Toilets available.

Hobart Airport – Starts at the first intersection off Hollyman Avenue. Undulating run almost to the terminal, returning with an uphill loop to the tower before a long flat finish. Parking beside Hollyman Avenue. Portaloo

Howrah (Wentworth Park Playground) – Starts at the playground at the end of Salacia Avenue, Howrah. Course follows a flat 3km loop on the grass through Wentworth Park. Toilets available.

Huntingfield (Tas Bevis Memorial) – Huntingfield Pony Club, Huntingfield Estate, Howden. Cross country 5km loop. Toilets available.

Kempton – Starts at the football grounds with a road course through the township. Toilets available.

Lower Domain (Government House - John Keenan Memorial) – Starts at the end of the Lower Domain Road and follows this road to the Domain Highway and return. Toilets available at the Botanical Gardens & Regatta Grounds.

New Norfolk (Tynwald Park) – Starts at the playgrounds in Tynwald Park, with an out and back course beside the creek into the old Royal Derwent grounds. Toilet & BBQ facilities available.

Opossum Bay – Starts in a cul-de-sac on the northern end of the Opossum Bay Peninsula. Drive along Spitfarm Rd and continue north through a new subdivision. A picturesque undulating loop with spectacular water and mountain views. Portaloo

Ridgeway – Starts at the top of Chimney Pot Hill Road. Course is all on flat bitumen road, following Ridgeway Road to Huon Road and return. Portaloo.

Risdon Brook Dam (Road) – Course follows the road (closed to vehicles) around the 4.5km loop of Risdon Brook Dam. Some small hills. Toilets and BBQ facilities available.

Risdon Brook Dam (Cross Country) – Course follows road and tracks in the hills surrounding the Dam. Toilets and BBQ facilities available.

Sandford (Gellibrand Drive) – Starts approx. 3k south of the Gellibrand Drive & Rifle Range Road intersection, Sandford. Cross Country 3km & 1.5km Loops. Portaloo.

Waterworks (Froggy Wise Memorial) – Starts at BBQ Site 9 in the Waterworks Reserve. Course follows Waterworks road down to Romilly Street and loops back along the dirt tracks to the start. Toilets and BBQ facilities available.

Woodbridge – Starts at Woodbridge High School, 40km South of Hobart. 3km loop course includes paddocks, road, dirt tracks and beach. Some small hills, often wet underfoot. Toilets available.

Race Walking: For details on the TRWC race walking event program, contact Aileen Slater Ph. 62726158.